

# 2025 SUMMER CAMP CAMP FURY CAMPER INFORMATION



## **Required Information**

The following forms should be completed and are due at camp CHECK-IN.

Forms are not accepted by mail or at the office. Please do not print forms double sided. They must be turned in on the first day of camp. Look for them at the end of this packet and attached to this email:

□ Code of Conduct Form
□ Camper Pick-up Form
□ Parent Questionnaire
□ Camper Letter to Counselor
□ Waivers
$\square$ Health Record with vaccine record or signed exemption (Signed by a physician.)
□ Camp Fury Code of Conduct Form
□ Explorer Cadet Enrollment Form
□ Parent Consent Form

**Code of Conduct -** Behavior agreement that campers and parents sign, agreeing to abide by all camp and council rules. Used as the first reminder if behavior problems arise.

**Camper Pick-Up -** Grants permission for your camper to be picked up from camp. Parents must list themselves on the form in addition to any other adult who may pick up the camper.

Waivers - All waivers must be signed and turned in on arrival. Some waivers will be emailed separately.

Health Record – A Health Record is required for all overnight campers. This form must be signed by a physician within the past 24 months OR you must submit a copy of a physical completed within the past 24 months of the last day of the camp session they will be attending. Health forms from previous years of camp are not available, as they are permanently stored upon closure of the camp season. Be sure to keep a copy of the health form for your records. Campers will not be allowed to attend camp without a current health form. Please contact the camp director two weeks prior to camp if there are any special medical or dietary needs so we can make arrangements and be prepared at camp.

**Medications** – Medication information must be included on the health record, if applicable. <u>DO NOT</u> pack any medications in your camper's luggage, including inhalers, epi-pens, prescriptions, or over-the-counter medication/vitamins/oils. All medications are required to be turned over to camp staff upon arrival. All medications must be in original containers with instructions from a physician or pharmacy—times and dosage should be clearly stated, and medications must not be expired. If your camper has special medical needs, arrangements will be made to transport them to a doctor's office. Parents are responsible for these expenses.

## **Health & Safety**

#### **Health Information**

Camp staff is First Aid and CPR-certified and trained to respond to minor scrapes, bumps and bruises. The local police and fire departments are notified at the start of the camp season and are prepared to respond within minutes.

Should a camper become ill, injured, or displays COVID-19 symptoms at camp, the staff will administer first aid and follow written procedures given by the camp physician. This may include a visit to a local doctor's office or emergency room after hours. If a camper requires a long rest period for recovery or cannot remain at camp, the camper will be sent home. If a camper's illness or injury is severe, emergency care will be given at the scene and the camper will be transported to the hospital emergency room. Parents/guardians will be notified, but in life-threatening situations, treatment may begin before notification, as indicated on the health consent form.

## **Insect Repellent and Sunblock**

Our camps are in wooded settings with bugs and lots of sun. Campers are expected to be able to properly apply sunblock and insect repellent on their own with limited assistance from friends/counselors. Make sure the sunblock and insect repellent are not expired, as they lose their ability to be effective. Look for waterproof sunblock that has a high SPF and repellent that doesn't have a sweet smell, is non-aerosol, and has a lower level of DEET (under 30% is preferred; DEET is harmful to children if ingested.

#### Weather Conditions

Camp activities may change due to weather. If the weather is inclement, campers may not be able to participate in activities that are affected by rain, storms, and extreme heat. Activities and schedules will be modified as necessary. In the event of severe weather, a building at camp is reserved for the safety of campers. Staff members are able to communicate with each other and the camp office for weather updates and emergencies. When severe weather occurs, all campers are safely moved to the designated buildings for shelter.

#### **Visitors**

For the safety of all campers and staff, visitors will not be allowed at camp during the week.

#### **Cancellations**

If your camper is unable to attend, please notify us ASAP so we can contact the next person on the waiting list.

## Life at Camp

#### **Sending Food**

Three meals a day and snacks are included, so sending food to camp is not necessary. However, if you do send snacks, be sure to label them with your camper's name.

## **Morning Physical Fitness**

Each morning campers will participate in physical fitness exercises. These are required activities that help prepare you for the day. They are designed to prepare your body for the activities for the day and to help prevent injury.

## **Kapers**

Kapers are simple daily chores campers share while attending camp. Each staff member models and teaches campers proper ways to care for the environment and their camp surroundings. Each unit is responsible for the upkeep and cleaning of their area and for additional small daily camp responsibilities. Campers are closely monitored to make sure that established health and safety procedures are used in completing cleaning tasks. Living in a community setting assures the whole community to take an active role in keeping the community running smoothly and safely.

#### **Clothing**

Each camper will receive 2 shirts and 2 pairs of shorts that they are required to wear each day as their "uniform". Uniforms will be collected at the end of each day, by staff, to wash. Only the shirts and shorts will be taken, so please be sure to bring enough underclothes for the week. Once we return to camp and shower they are welcome to wear their normal clothing.

## **Packing for Camp**

## What Not to Bring

The following items are not allowed at camp: Strapless tops, bikinis, hair dryers; curling irons; phones, tablets or similar electronic devices; radios; CD players; MP3 players; gaming systems; DVD players; iPods; expensive jewelry; weapons or weapon look-a-likes; alcohol; illegal substances; tobacco products; cannabis products; vapes, e-cigarettes, or similar; pets/animals; or personal sports equipment. Campers will be checked for these items. If found, items will be held by the camp director for safe keeping until the end of the camp session. Do not pack your medication.

Girl Scouts of Central Illinois is not responsible for lost or stolen items. If your name is not on it – it may not be returned.

Please pack with your camper so they know what's in their luggage!

	EEPING GEAR: Pillow and pillowcase Sleeping bag (or substitute with sheets and blankets) Fitted and flat twin sheet	00000	Bath soap Shampoo/conditioner Toothbrush, toothpaste, dental floss Deodorant Sanitary items
_	OTHES (No laundry facilities available):	Ü	Shower towels and washcloths
$\overline{0}$	Shorts (1 pair for each day)	U	Laundry bag (a trash bag or other waterproof bag
$\overline{\Box}$	T-shirts (1 for each day)	_	works well as items will get wet and smelly at camp)
$\cup$	Jacket, sweater, or sweatshirt		Waterproof or sports sunscreen (not suntan oil- must
	Sneakers that are sturdy and have laces (No open		have at least SPF 30)
	toed shoes or crocs—shoes must be worn at all		Insect repellent (non-aerosol with less than 30% DEET)
	times)		Sunglasses
	2 pairs of underwear for every day (please pack more		Lip balm with SPF
	than enough)		•
	2 pairs of socks for each day	MU	JST-HAVE ITEMS:
	Pajamas		Water bottle
			Flashlight, headlamp, or lantern with extra batteries,
PE	RSONAL ITEMS:		Flip-flops (for showers only)
	Comb and/or brush & hair ties/bands		
	Small bag to carry items to the shower house		

## **Arrival/Departure**

### **Arrival**

Check-in will take place between 9:30am and 10:00am on Monday morning. Please bring all paperwork filled out and completed.

## **Departure**

Pickup will take place at the Graduation Ceremony at the <u>Illinois Fire Service Institute</u> at 11 Gerty Dr, Champaign, IL. Ceremony begins at 11am. A staff member will greet you and check your identification card. Anyone picking up a camper, INCLUDING parents/guardians, must present a driver's license or other picture identification AND be listed on the Camper Pick-Up Form. For safety and risk management purposes, campers will not be released to anyone not listed on the pick-up form and cannot be released to anyone without photo identification.



• Camp Kiwanis: 301 Sugar Lane, Mahomet, IL

From Champaign, take I-74 West to Prairieview Rd exit. Turn right. At the 4-way stop at Tincup Rd., turn left. When you come to the T-road, turn left and go uphill approximately 1 mile. Look for a Camp Kiwanis sign before the overpass. Turn right/north at the sign. Follow gravel road into camp.

## **Camp Contact Information**

Feel free to contact us if you have any questions:

**Program Director** Sara "Squatch" Tate

state@girlscouts-gsci.org / 309-214-1375

## WE CAN'T WAIT TO SEE YOUR CAMPER!



## **Code of Conduct Form**

(All campers must complete and turn in at check-in)

This Code of Conduct, combined with the Girl Scout Promise and Law, is our guide for behavior at all Girl Scout activities and camps (including trips). To be read and signed by **both** parent/guardian and girl participant.

- I understand that rules are made to protect me and others; to help make sure program activities and travel are safe, fun, and successful; and to create a welcoming camp community.
- I will treat other people, myself, property, and equipment with respect.
- I will follow the principles of the Girl Scout Promise and Law.

#### The Girl Scout Promise

## On my honor, I will try;

To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

# I understand the following are unacceptable and will be grounds for dismissal from camp:

- Violence, bullying, name calling, and put-downs in person or using technology
- Cursing or verbally abusing anyone for any reason
- Intimidating, threatening use of verbal or non-verbal language that makes others feel that their safety is at risk
- Fighting, threatening, stealing, damaging property, or endangering the well-being of self or others
- Inappropriate clothing, jewelry, or swimwear
- Swimming, boating, archery, or challenge course after dark or without a facilitator present
- Entering the Health Center without a counselor
- Leaving the group without permission; leaving camp property without a counselor. The buddy system and adult supervision is required at all time at camp and on trips.
- Inappropriate conversations/topics or touches

# I understand the following are not allowed at camp and will be taken by the counselor or director and will be grounds for dismissal from camp:

- Phones, tablets, or similar communication devices
- Headphones, CD/MP3 players, radios
- Weapons or look-a-likes
- Alcohol, cannabis, or illegal substances

- Tobacco or Vaping products
- Vehicles
- Pets/animals
- Personal sports equipment
- Medication which is not turned in to the Health Center (All medications must be turned in to the Health Center in the original container with the specific, unaltered directions of a licensed physician on the original prescription bottle. Do not send expired medication to camp.)

Girl Scouts of Central Illinois reserves the right to send home any camper who exhibits unsuitable behavior. Parents/guardians are responsible for picking up their camper in a reasonable timeframe as deemed necessary by the camp director. There is no refund in the event a girl is sent home. Person listed as emergency contact may be contacted if parent/guardian cannot be reached.

Parent/Guardian signature	Date
,	
Camper signature	Date

# The Girl Scout Law I will do my best to be

honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and I do,

#### And to

respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.



## **Camper Pick-Up Form**

(All campers must complete and turn in at check-in)

This form must be completed and turned in at camper check-in. Anyone who will be picking up your camper from camp, including a parent/guardian, must be listed. The person picking up your child must show a photo ID before the child will be released. Siblings attending camp at the same time may be listed on the same form. Campers attending multiple sessions may use one form for all sessions.

Camp Session(s) Attending	;	
I hereby authorize the follow	ring person(s) to pick up my child fro	om camp:
Name	Relation to Camper	 Phone #
Name	Relation to Camper	Phone #
Name	Relation to Camper	 Phone #
Name	Relation to Camper	 Phone #
Name	Relation to Camper	 Phone #
Any Special Pick-Up Notes: _		
Parent/Guardian	Signature	 Date



CAMPER/ADULT HEALTH RECORD FOR CAMP

This form is required for Overnight Camp, Day Camp, trips of 3 days or more, and certain adventure activities.

Overnight Campers must have this form completed by a physician. Day Campers may have the form completed by a parent/guardian. Physician signature is not required.

Fill out all sections completely. Indicate None or Does Not Apply as necessary.

A. Participant Name (La	ast, First, Initial)		Name form	and relationship o	of parent,	/guardian	completing th	is Phone			
Address (Street & Num	ber)		City o	r Town	State		Zip Code	Date o	f Birth	Age	Sex
	/TRANSPORTATIO M=Mother, SM=Stepmo						pleting form.				
NAME	RELATIONSHIP	DAY PHON	Е	EVENING PHONE	CI	ELL PHONE	EMEI	RSON IS AN RGENCY NTACT	BE REI		OUT MAY OTO THE
							□ Yes	□ №		Yes	□ No
							□ Yes	□ No	□.	Yes	□ No
							□ Yes	□ No	□.	Yes	□ No
							□ Yes	□ No		Yes	□ No
Physician's name		Phone (	)	De	ntisťs na	me		Phone	e ( <u> </u>		
should be added a	o discuss any accomit the end of this secti	nodations or on sections F	needs 7 & G.	s to ensure your ca							
ALLERGIES (Complete reverse side.)	DISEASES	CHR		OR RECURRING LNESS			OTHER HEAL	TH CONDIT	IONS		
□ Animals □ Food □ Hay fever/Pollen □ Insect stings □ Medicine/Drugs □ Plants □ Other (Specify)	☐ Chicken pox ☐ Eating disorder ☐ German measles ☐ Measles ☐ Mononucleosis ☐ Mumps ☐ Other (Specify)	□ Diab □ Diab □ Ear I □ Hear □ Hype □ Kidn □ Muse □ Seize	ding detes Tetes Tinfection of defendence of the defendence of the detection of the detecti	ype 2 ons ct/disease ion ease eletal disorders cpilepsy Anemia	□ Anxi □ Bedv □ Beha □ Cons □ Depr □ Diarr □ Emo □ Faint □ Freq	wetting avioral dist stipation ression rhea tional dist	urbances s aches	☐ Freque ☐ Hearin ☐ Learni: ☐ Menstr ☐ Motior ☐ Night t ☐ Nosebl ☐ Pedicu ☐ Sleepw ☐ Wears ☐ Other (	g impaing disab rual crar sicknes errors eeds losis (lic valking glasses, orthodo	rment ility nps es ce) /conta	cts
e past year has your camp an injury/illness requir a surgical operation or f restrictions from partic education an illness lasting longer hospital treatment exposure to contagious	ing medical attentior fracture ipation in physical than 5 days	□ under □ restrice □ taking □ reverse □ taking (Comp	ring ps a phy cted in g preso e side.) g over lete re	ychological counse sician's care a physical activity cription medication	ı (Comple	line info staf Add med side	ase explain and some some some that of the second s	de dates and would be he o these healt leet if neede	d any Ipful to th condit d. Allerg	camp tions. gies an	

Has your camper begun menstruation?  Yes No  Including the allergy and medication information on the reverse side, rate. My camper has my permission to engage in all prescribed activities, activities such as hiking, swimming, climbing hills, and horseback riding (if snoted by me and the examining physician.
☐ Yes ☐ No  Including the allergy and medication information on the reverse side, rate. My camper has my permission to engage in all prescribed activities, activities such as hiking, swimming, climbing hills, and horseback riding (if
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rate. My camper has my permission to engage in all prescribed activities, activities such as hiking, swimming, climbing hills, and horseback riding (if
for the camp staff to obtain in-camp or out-of-camp medical treatment for the need arise while they are at camp. In case of emergency, if none of the ed, I consent to treatment for my camper under the supervision of and as a physician licensed under the Medicine Practice Act. If my camper is out of not be contacted before medical treatment is given.  ION PRIVACY STATEMENT  Health Record for Camp is for health care concerns at Girl Scout day camp sions only. All records will be handled by staff/volunteers whose job or using this information for the benefit of the participant. All medical in limited access by the health service supervisor at the camp. Minimal on may be shared with other staff/volunteers in order to provide adequate dhealth care. Girl Scouts of Central Illinois, will retain the health form until it ins/records with noted treatment will be retained for seven years past the age rticipant. I have read the above procedures for handling the health form tree to the release of any records necessary for treatment, referral, billing or Guardian
r

**D.** OTHER INFORMATION

Medication	Condition Treated	Dosage		Time of Day	Taken With Food
			□ Breakfast	□ Bedtime	□ Yes
			□ Lunch	□ Other	□ No
			□ Dinner		
			□ Breakfast	□ Bedtime	□ Yes
			□ Lunch	□ Other	□ No
			□ Dinner		
			□ Breakfast	□ Bedtime	□ Yes
			□ Lunch	□ Other	□ No
			□ Dinner		
			□ Breakfast	□ Bedtime	□ Yes
			□ Lunch	□ Other	□ No
			□ Dinner		

G. ALLERGIES – To be completed by the MEDICATION ALLERGIES	parent/guardian. List all known allergies. Attac REACTION OR SYMPTOMS	ch a separate sheet if necessary.  MANAGEMENT OR TREATMENT
FOOD ALLERGIES	REACTION OR SYMPTOMS	MANAGEMENT OR TREATMENT
OTHER ALLERGIES (animals, hay fever, etc)	REACTION OR SYMPTOMS	MANAGEMENT OR TREATMENT
H. DOCTOR'S APPROVAL TO SELF		
understands how to use the inhaler, since	e they have been self-administering the in	has asthma and nhaler forsome time. (In the past, nurses kept the inhalers in their ng the School Code to require a school to permit the student to self
Doctor Signature and Date	P	Parent/Guardian Signature and Date

## I. IMMUNIZATIONS

An immunization record is required for all day camp and overnight campers. Immunizations should meet current requirements for public school attendance in Illinois. The record may be completed by a physician or you may attach a current copy of your immunization record.

IMMUNIZATIONS	YEAR PRIMARY SERIES COMPLETED	YEAR OF LAST BOOSTER
Diphtheria		
DTP/DTaP		
Hepatitis B		
HIB (Haemophilus influenza b)		
Measles		
Oral polio		
Pertussis (Whooping Cough)		
Rubela		
TD (Adult tetanus-diphtheria toxoid)		
Tetanus		(w/in last 10 yrs)
Tuberculin test	Year last given Result	
COVID-19		
Other		

## PHYSICIAN DOCUMENTATION

Physician documentation is required for overnight camps or trips of 3 nights or more. It is not required for day camps. Complete all sections as well as the immunization record on page 3. Required health exam must be completed by a licensed physician, nurse practitioner, physician's assistant, or registered nurse with 24 months prior to the start of the camp session.

	Height W	eight Blood Pressure	
ES – Without Glasses R 20/ L 20/ V	Vith Glasses R 20/ L 20/ EA	RS – Hearing R Hearing L	
ORGANS, ETC.	SATISFACTORY	NOT SATISFACTORY	NOT EXAMINED
Abdomen			
Color vision			
General physical and emotional status			
Genitalia			
Heart			
Hernia			
HGB*			
Lungs			
Musculoskeletal			
Nose			
Skin			
			ther when entering school or at any
Not required for every health examination. A Gime since. A Girl Scout in grades 7-12should has PHYSICIAN'S COMMENTS AND RECORD any restrictions, limitations, needed adaptations.  LICENSED PHYSICIAN'S RELEASE s person is in satisfactory condition and may enga	ve this test if they have not had it since  MMENDATIONS s, and/or guidelines for care and treatments	e entering puberty. ent of health conditions. Give details or in	dicate management of significant illness.
Not required for every health examination. A Gime since. A Girl Scout in grades 7-12should has PHYSICIAN'S COMMENTS AND RECORD te any restrictions, limitations, needed adaptations.  LICENSED PHYSICIAN'S RELEASE is person is in satisfactory condition and may engablicable), except as noted.	we this test if they have not had it since MMENDATIONS s, and/or guidelines for care and treatment ge in all prescribed activities, including	e entering puberty.  ent of health conditions. Give details or incommendations activities such as hiking, swimn	dicate management of significant illness. ning, climbing hills, and horseback riding
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Not required for every health examination. A Gime since. A Girl Scout in grades 7-12should hat PHYSICIAN'S COMMENTS AND RECORD te any restrictions, limitations, needed adaptations.  LICENSED PHYSICIAN'S RELEASE is person is in satisfactory condition and may engablicable), except as noted.  Sysician's signature	MMENDATIONS s, and/or guidelines for care and treatme ge in all prescribed activities, including: Date of physic Facility/	e entering puberty.  ent of health conditions. Give details or incentions.  strenuous activities such as hiking, swimn cian's signature Date of particular of the conditions.	dicate management of significant illness.  ning, climbing hills, and horseback riding  tient's last health examination  Phone ()
PHYSICIAN'S COMMENTS AND RECORDAN TECNOR IN THE PHYSICIAN'S COMMENTS AND RECORDAN TECNOR IN THE PHYSICIAN'S RELEASE IS PHYSICIAN'S PHY	MMENDATIONS s, and/or guidelines for care and treatme ge in all prescribed activities, including: Date of physic Facility/	ent of health conditions. Give details or incent of health conditions. Give details or incent of health conditions activities such as hiking, swimmer cian's signature Date of particle name	dicate management of significant illness.  ning, climbing hills, and horseback riding  tient's last health examination  Phone ()  State Zip



# **Parent Questionnaire**

	Camper Name Nickname, if any
	Session Name & Date
	Age # of years as Girl Scout # years as Camper
	# of Sisters # of Brothers Pets
L.	What responsibilities does your camper have at home?
).	What kind of eater is your camper typically? Hearty Moderate Light
3.	What are your camper's favorite foods?
ł.	Is your camper prone to stomach problems? Yes No
	Comments:
5.	Has your camper ever been away from home without members of your family? Yes No
	a. For how long?
ó.	What is their comfort level in the outdoors?
7.	What is your camper looking forward to at camp?
3.	What are your hopes/goals of their camp experience?
Э.	What worries/fears does your camper have about camp?
	What worries/fears do you have?
10	
LU.	How long do you anticipate it will take them to adjust to camp?

Does your camper have any special needs/ behaviors of which our camp staff should be aware?  Does your camper know anyone else attending camp? Who?
What can your camper's counselors do to help them in those situations?  B. Is your camper likely to speak up if something is wrong or bothers them?  Does your camper have any special needs/ behaviors of which our camp staff should be aware?  Does your camper know anyone else attending camp? Who?
3. Is your camper likely to speak up if something is wrong or bothers them?  4. Does your camper have any special needs/ behaviors of which our camp staff should be aware?
5. Does your camper know anyone else attending camp? Who?
5. Does your camper know anyone else attending camp? Who?
6. How easily does your camper usually make new friends?
7. What kind of sleeper is your camper typically? Heavy Moderate Light
Are they prone to sleeping problems? Yes No  Comments:
3. Is there anything else you would like the camp staff to know?



# **Camper Letter to Counselor**

Dear Camp Counselor	,				
My name is		and my friends call me			
I am	years old and will be in the	grade next year. My favorite color is			
	and my favorite food is	If I could be any animal I			
would be	I decided to come to camp because				
	summer at Girl Scout Camp.  me about camp is				
	v this about me;				
Sincerely,					

Tell us a little more about you!	Disagree a lot	Disagree a little	Agree a little	Agree a lot	Not sure
I often tell people how I feel about things					
I feel comfortable trying new things.					
I think I will have fun making new friends at camp.					
I'm interested in becoming a first responder someday.					
I like to try things I've never done before.					