

# Packing For Camp



## What Not to Bring

The following items are not allowed at camp: Strapless tops, bikinis, sandals; Crocs or open-toed shoes; hair dryers; curling irons; cell phones; tablets or similar electronic devices; headphones; radios; CD players; MP3 players; gaming systems; DVD players; iPods; expensive jewelry; weapons or weapon look-a-likes; alcohol; illegal substances; tobacco products; cannabis products; vapes, e-cigarettes, or similar; pets/animals; or personal sports equipment. Campers will be checked for these items. If found, items will be held by the camp director for safe keeping until the end of the camp session. Do not pack your medication in luggage.

*Girl Scouts of Central Illinois is not responsible for lost or stolen items. If your name is not on it – it may not be returned. Please pack with your camper so they know what's in their luggage!*

## Clothing Items:

*TIP: Roll clothes to save space. For younger campers, pack an outfit for each day in a big zip top bag.*

- Shorts (1 pair for each day)
- 1 or 2 pair jeans, leggings, or other long pants. Campers in horseback riding camps should bring extra.
- T-shirts (1 for each day)
- 1 or 2 long sleeve t-shirts
- 1 really old outfit to get really dirty
- Warm jacket, sweater, or sweatshirt
- 2 pairs of shoes—sneakers and sturdier ones for hiking (No open toed shoes or crocs—shoes must be worn at all times)
- 2 pairs of underwear for every day (please pack more than enough)
- 2 pairs of socks for each day—A MUST
- Warm pajamas
- 2 bathing suits (Must be something comfortable for active play, such as a one piece or tankini style suit)
- 1-2 beach towels
- Bandana or hat
- Rain coat or poncho—A MUST

## Personal Items:

- Comb and/or brush & hair ties/bands
- Small bag to carry items to the shower house
- Bath soap—non-scented and in travel case
- Shampoo/conditioner - non-scented or lightly scented, no fruit scented shampoos (it attracts animals/bugs)
- Toothbrush, toothpaste, dental floss
- Deodorant
- Sanitary items
- Shower towels and washcloths
- Laundry bag (a trash bag or other waterproof bag works well as items will get wet and smelly at camp)

## Sleeping Gear:

- Pillow and pillowcase
- Sleeping bag (or sheets/blankets)
- Fitted and flat twin sheet

## Must Have Items:

- Sturdy backpack
- Mess kit (non-breakable plate, cup, bowl, and silverware with a mesh bag)
- Water bottle
- Flashlight, headlamp, lantern, extra batteries.
- Plastic bags for wet things and camp treasures
- Flip-flops (for showers only)
- Waterproof or sports sunscreen (not suntan oil—must have at least SPF 30)
- Insect repellent (non-aerosol with less than 30% DEET)
- Sunglasses with strap
- Lip balm with SPF
- Hand sanitizer

## Optional Items:

- Disposable camera (digital cameras discouraged)
- Stationery, stamps, envelopes, pens, and addresses of friends and family (stamped, addressed, peel & seal envelopes are ideal!)
- Money for trading post –turn in at check-in
- Stuffed animal, t-shirt or autograph book and multi-colored permanent marker to collect signatures
- 1 pair of water shoes/old tennis shoes (NO OPEN-TOED SHOES)
- A new/special book to read at camp
- Notebook for addresses, phone numbers, and song lyrics
- Something to tie-dye (white t-shirt, socks, bandana) Note: not all camps will tie-dye, but it's good to be prepared, just in case.

**Additional session-specific packing lists  
will be sent prior to camp.**