



girlscouts  
of central illinois

# Juniors At a Glance

For more information about any of the additional awards within this packet, please reach out to your local program coordinator!



**Earn your Safety Pin by completing these five steps:**

1. Find out what the most common injuries are for kids your age. Make a list of how to prevent them. Then do a home safety audit to check for dangers around the house.
2. Conduct an emergency evacuation drill of your home or the place your Girl Scout group meets. In the case of fire, know where your main exit is located, and plan an alternative way to get out if the first exit is blocked.
3. Find out how to read weather signs so you know when to head indoors and get to safety.
4. Learn about bicycle safety. Research why biking helmets are important and how to check if a helmet fits you properly.
5. Go on a hazard-identification walk along a local hiking trail, bike trail, or horse trail.



Earn your **Cookie Entrepreneur Family** pins each year by completing the worksheet found here:  
[https://www.girlscouts.org/content/dam/girlscouts-gsusa/forms-and-documents/cookie/cef-req/GSUSA\\_CEF\\_Requirements-Junior.pdf](https://www.girlscouts.org/content/dam/girlscouts-gsusa/forms-and-documents/cookie/cef-req/GSUSA_CEF_Requirements-Junior.pdf)



The Girl Scouts ***My Promise, My Faith*** pin invites girls in grades K-12 to experience a faith journey through exploration of the Girl Scout Law and teachings from their faith. Girls can earn this national pin each year. Earn your *My Promise, My Faith* pins by completing these steps:

1. **Choose one line from the Girl Scout Law.** Find a story, song, or poem from your faith with the same ideas. Talk with your family or friends about what that line of the Law and the story, song, or poem have in common.
2. **Find a woman in your own or another faith community.** Ask her how she tries to use that line of the Law in her life.
3. **Gather three inspirational quotes** by women that fit with that line of the Girl Scout Law. Put them where you can see them every day!
4. **Make something to remind you of what you've learned.** It might be a drawing, painting, or poster. You could also make up a story or a skit.
5. **Keep the connection strong.** Find out if your faith community offers a recognition program for Girl Scouts. Talk with your friends, family, or a group in your faith community about what you've learned about your faith and Girl Scouting. Ask them to help you live the Law and your faith. Maybe you can show them what you just made or perform your skit!

**Adult volunteers from faith organizations partner with girls by:**

- ♦ Linking the national pin into their faith's religious recognitions
- ♦ Guiding girls through their personal faith journey
- ♦ Helping girls strengthen their understanding of their faith

# Leadership Awards



**Junior Aide**- As a Girl Scout, you've already practiced being a leader. Leading means helping others and making things better, however that looks for you. Do you want to take the lead with younger kids? Here's your chance to share your skills, plan fun activities, and find your unique way of being a leaders. You have so much to offer!



## Step 1: Observe a Meeting

Watch a group's leader in action and think about how you'd like to lead. You can learn more about the group and its members, observe what works, and make a list of ways you can help.

## Step 2: Assist with a meeting

Team up with the leader and help with a meeting. You can talk to the group's leader before the meeting, prepare for the meeting by gathering supplies, and help with the meeting's activities.

## Step 3: Plan and lead an activity

Put your new skills into action. Choose an activity to lead, prepare for the meeting by practicing what you'll say and do, and lead the activity.

Once you earn this award, you'll know how to plan and lead a fun, inclusive activity for younger kids.



**True North**- Is there something you've been wanting to do that takes courage? Maybe you're ready to try something new, have a hard conversation, or show support for what you believe in (even if others disagree). This award is your chance to make it happen— and grow as a leader! First, think about what matters most to you. Then, build your confidence. Finally, do something courageous— whatever that means to you!

1. **Explore your values**- Think about what's most important to you.
2. **Choose a goal that matters to you**- Look at your values and think about how to show them in action.
3. **Make a plan**- Get ready, get your helpers, and get going!
4. **Act with courage, confidence, and character**- Show yourself what you can do!

Once you earn this award, you'll have explored what's important to you, built your confidence, and acted with courage.

# Take Action and Global Action Awards



**You have the power to  
make a real difference!**



With friends or fellow Girl Scouts, design a project that addresses a community issue. Take Action projects focus on local challenges, while Global Action projects explore how communities worldwide have approached similar issues.

## Steps

1. Identify a community issue– Use a badge you’ve earned as inspiration for your project.
2. Explore the issue’s root cause– Examine the issue and find out **why** it’s happening.
3. Brainstorm solutions- Come up with ideas to help your community.
4. Make a plan– Get organized and create a plan.
5. Take Action and celebrate!- Make your project happen and share what you’ve done.

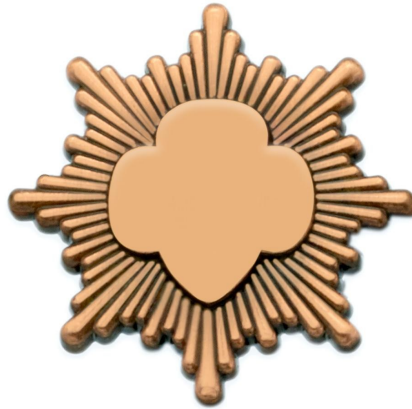
Your project should be fun and achievable within a couple of weeks or a month. You get to decide how big your project will be and remember you don’t have to plan a BIG project to make a BIG impact!

Once you’ve earned this award, you’ll know how to address a local or global community issue with lasting impact.

To learn more about the new and updated leadership awards, visit: <https://www.girlscouts.org/en/members/for-girl-scouts/badges-journeys-awards/leadership-awards.html> or scan the QR code.



# Girl Scout Bronze Award



You can become a Bronze Award Girl Scout if you:

- are in fourth or fifth grade
- are a registered Girl Scout Junior
- have completed a Junior Prerequisite

How to earn the Girl Scout Bronze Award:

- Register for a Bronze Award Chat with GSCI
- Build your Girl Scout Junior team
- Explore your community
- Decide on a project to work on
- Make a plan of action
- Put your plan in motion
- Spread the word and celebrate!

For more information, please visit <https://www.girlscouts.org/en/members/for-girl-scouts/badges-journeys-awards/highest-awards/bronze-award.html> or email your local program coordinator.

# Bridging to Girl Scout Cadette



To earn the *Bridge to Girl Scout Cadette Award*, complete two bridging steps:

## Step 1: Pass it on!

Share your talents and skills by teaching younger Girl Scout something you learned to do as a Junior.

This list has a few ideas to get started. You only have to do one of these– or something like it– to complete the step:

- **Invite Brownies to attend one of your meetings**, and share something that will make them look forward to being a Girl Scout Junior. For example, you could show them photos from a mystery hunt you went on for your Detective badge, demonstrate how to pack for an overnight camping trip, or show a video of everyone in your group talking about their favorite Junior memories.
- **Invite girls your age who aren't Girl Scouts to join you in a fun activity**– doing martial arts, learning sign language, or building a parade float. If you're doing a Take Action Project, ask your buddies to tag along! Maybe you'll inspire them to pitch in.
- **Team up with girls in your group who earned a Bronze Award**, and hold a question-and-answer session for interested Brownies. Describe how you chose your project, planned it, and overcame obstacles along the way. Inspire them to go for the Bronze, too!

## Step 2: Look Ahead!

As a Cadette, you'll set your sights on the world outside your local area. There's no better way to find out what you have to look forward to than by talking with your Cadette sisters.

This list has a few ideas to get started. You only have to do one of these– or something like it– to complete the step.

- **Ask a Girl Scout Cadette to talk to you about their experiences.** What was their favorite activity as a Cadette? What new skills did they learn?
- **Do you want to work on your Girl Scout Silver Award?** Find Cadettes who have earned this honor, and ask them for tips. Find out how they formed their teams, how they selected a project, and what they learned along the way. If you have some ideas for your own project, ask them for advice.
- **Talk to Cadettes about which Journeys they went on.** What did they enjoy about the experience? How did they make their community better? Ask them to share their best moments from their Journey with you.