

Camp Sampler Patch 2023

Objective: To encourage girls and parents to learn more about Girl Scouts of Central Illinois summer camps and become comfortable with the idea of attending camp.

How to Participate: Complete the 5 activities below. Each activity is inspired by a Summer Camp 2023 Session at one of our three camps in Central Illinois!

1. Introduction: Pack for Camp
2. Camp Crafts
3. Campfire Safety
4. Camp is Out of this World!
5. No Horsin' Around– Bring a Snack!



FREE patches are available when you register for a camp session and complete the evaluation.

A link to register can be found on getyourgirlpower.org. This program ends May 15, 2023.

To keep this patch free, we request that you pick up patches at your closest service center. You will select your closest center when you fill out the evaluation form [HERE](#).

For more information contact Sara Tate at state@girlscouts-gsci.org.

Want some help with getting your girl excited about camp? Contact Sara to schedule a troop visit from a member of the GSCI staff to do some of the camp patch activities with the girls and talk the parents about what camp is all about!



Register for camp at getyourgirlpower.org

Introduction: Pack for Camp

Dabblers
Camp Tapawingo
June 11-16

Girl Scouts are Always Prepared! And the first step to being prepared for camp is packing the right stuff!

Make a list of things you think you will need when you go to camp this summer. After you make the list, discuss with your troop why you think you might need each item.

| | | | |
|---|-------|---|-------|
|  | _____ |  | _____ |
|  | _____ |  | _____ |
|  | _____ |  | _____ |
|  | _____ |  | _____ |
|  | _____ |  | _____ |
|  | _____ |  | _____ |

Next, check out the GSCI webpage for [preparing for camp](http://getyourgirlpower.org) at getyourgirlpower.org and look at the packing list in the information booklets for Day Camp and Overnight Camp.

- **What are some of the similar items on your list and the booklet packing list?**
- **What are some differences?**
- **Looking at the list online, do you want to add or take away anything on your packing list?**
- **Is there anything you'd need for specific activities at camp? What are the activities and the items needed?**
- **Optional extra challenge! Gather up some of these items and challenge your fellow girl scouts to a camp packing relay race! Work with your fellow girl scouts to come up with the rules for your relay race and then play!**

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Camp Crafts

Camp Crafts are a tried and true part of Girl Scout Camp— and so is making new friends!

Learn how to make either Friendship Bracelets or Land-yards **OR** design and build your own mini-tent with items found in nature or recycled materials.

Then brainstorm with your troop about different ways to make new friends. What are some the best ways you have made new friends?

Bonus: Take a photo of your creations and tag Girl Scouts of Central IL on Facebook!



Friendship Bracelets

All you need for these are embroidery floss and something to hold your bracelet still while making the knots. You can do a simple braid or a hitch knot, which is just crossing one string over the other and looping it through.



Landyards

Landyards are a little more complex, but the girls LOVE making them at camp! All you need is plastic lacing and a keyring. You will start by cutting two equal pieces of plastic lacing. Then you overlay the two strand centers. After that, you will fold up two loops with the bottom strand and weave one end of the top strand through the loops, like in the picture shown. Pull tight and repeat!



Design and Build a Mini Tent

If you stay the night at camp, you will most likely stay in a canvas tent or rustic cabin. Look at the pictures of tents and then design your own to be made out of items found in nature or recycled materials! See below for some ideas of what craft supplies to use, then let your imagination run wild!

- Egg Cartons
- Old T-shirts
- Paper bags
- Newspaper
- Plastic Bottles
- Cardboard
- Girl Scout Cookie Boxes
- Sticks
- Leaves



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Campfire Safety

Master your outdoor skills by building an edible campfire.

Test out different ways to build your fire safely with snacks and then, with an adult, test out which way is best with a real fire.

Make sure you follow your safety guidelines before building your real-life fires!



Edible Campfire Supplies:

| | |
|---------------|---|
| Safety Circle | Paper Plate, Napkin, Graham Cracker, Wax Paper, Lettuce Leaf |
| Water Bucket | Small cup with water, juice, salad dressing, milk |
| Rake/Shovel | Fork, spoon, clean fingers |
| Match | Toothpick, Licorice, Thin pretzel stick |
| Fire Ring | Mini marshmallows, Jelly Beans, Peanuts, Cereal, M&Ms, Skittles, Raisins, Grapes, |
| Tinder | Potato sticks, Shredded Coconut, crumbled shredded wheat, Shredded Cheese, |
| Kindling | Pretzel Sticks, Chinese noodles, thin sliced green peppers/veggies |
| Fuel | Pretzel Logs, Bread Sticks, Tootsie Rolls, Cheese Puffs, Carrot Sticks, Celery Sticks |
| Fire | Red Hots, Red Licorice bits, Candy Corn, Red Sugar Sprinkles, Chopped Tomatoes, |

Collect your supplies. You can use the ones listed or come up with your own ideas. Clear a safety circle around where the fire circle will be. Have your water bucket and tools nearby. Make your fire circle and then build an “A” frame, “V” frame, or log cabin with the fuel logs. Lay the tinder inside the logs. Light the tinder with a match. When a small fire is started, add kindling, leaving room for air to flow. Continue to add kindling and fuel logs to keep the fire going. When you are done with a real fire, the fire bucket would be used to put it out and the rake or shovels would be used to stir it up until cold to the touch. However, in the case, just eat the fire and drink from the fire bucket. Make sure to leave a clean fire area!

Safety First!

- ◆ Never leave your fire unattended! An adult should supervise your campfire at all times.
- ◆ Make sure you have a water bucket and shovel to put out your fire. Always sprinkle handfuls of water over the hot parts of the fire and use your shovel to mix it up until cool.
- ◆ If you have long hair, make sure it is pulled back. Also, make sure you have nothing dangling off of you when you lean over.
- ◆ Never put anything except wood into the fire and never pull sticks out of the fire.

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Camp is Out of this World!

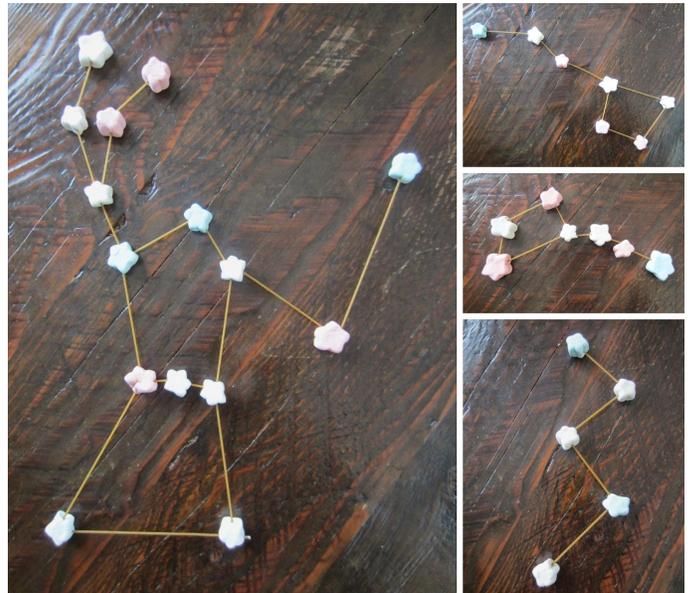
Camping under the stars is a beautiful sight to see. Learning about the stars is just a fun! In this activity you will be creating your own constellations!

Space Cadet
Camp Widjiwagan
June 19-23

Constellation Supplies:

- Spaghetti
- Mini-marshmallows
- Your Imagination!

You can test out your constellation-making skills by putting together some of the more well-known ones, like the Big Dipper, Orion, and Cassiopeia. After you've dusted off those skill, try making your own constellation! You can sketch it in the box below before making it in 3-D. Make sure you give it a really cool name! All the best constellations have them!



Constellation name: _____

No Horsin' Around– Bring a Snack!



Why is trail mix good for camping? It provides a quick energy boost and is easy to keep in your bag! A large batch can feed your whole troop or a smaller portion can be a tasty treat just for you!

Design your own Trail Mix recipe and take it with you on your next adventure.

Recipe name: _____

Ingredients (choose 3 from each category):

| Something Sweet | Something Salty | Something Fun |
|-----------------|-----------------|---------------|
| Chocolate Chips | Pretzels | Marshmallow |
| Gummy Bears | Sunflower Seeds | Popcorn |
| Banana Chips | Almonds | Granola |
| Raisins | Pecans | Syrup |

Don't like some of the ingredients listed above? Try out your own tasty ideas, just make sure you have a well-balanced trail mix with 3 sweet, 3 salty, and 3 fun snacks!

My Ingredients:

| | | |
|---|---|---|
|  _____ |  _____ |  _____ |
|  _____ |  _____ |  _____ |
|  _____ |  _____ |  _____ |

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