

Anne Frank

“How wonderful it is that nobody need wait a single moment before starting to improve the world.”

Anne Frank was a young Jewish girl that was forced into hiding during World War II and wrote in her diary (later turned into a book) describing her life during the Holocaust. Learn more about Anne Frank in this monthly patch.

Complete 3-Daisy, 4-Brownie, 5-Junior, 6-Cadette,
and 7-Senior/Ambassador steps to earn your patch.

All monthly patches are custom designed patches. Once we get the final number of patches after the 15th of each month, we place an order. Patches take about a month to create and then we mail them to you. You will get a confirmation email once the patches are headed your way.

Order patch on-line by March 15, 2020 at www.getyourgirlpower.org

Discover

1. **In her diary Anne wrote,** *“I want to be useful or bring enjoyment to all people, even those I've never met. I want to go on living even after my death! And that's why I'm so grateful to God for having given me this gift, which I can use to develop myself and to express all that's inside me!”* In this passage from her diary Anne is very grateful for her gift of writing. What are your gifts? How do you express yourself? How do you want to use your gift to help or influence or entertain someone?
2. Anne and her family were Jewish. What do you know about Jewish culture? What holidays and traditions do they celebrate? What are some important aspects of the Jewish religion and how does it differ from other religions?

3. During the Holocaust, Jewish people had many laws opposed on them. Some of the laws were that they could no longer visit parks, cinemas, or non-Jewish shops; and Jewish children had to attend a separate school. They also had to wear the Star of David on their clothes so others would know they were Jewish. How do you think this was for Jewish people? How would it make you feel? How do you think Anne felt? For Anne, it impacted her family greatly because her father could no longer own his business.
4. **Another famous quote of Anne Frank's is "*Think of all the beauty still left around you and be happy.*"** It is so inspiring that even while she was living in hiding for over two years, Anne was still able to see the beauty in things all around her. What is beautiful around you? What makes you happy? Take some time to stop and smell the roses. Identify things in your life that make you smile and brighten your day. Start a gratitude practice where you write down three things every day that you are grateful for. Science says that the more we train our brains to see the positive and count our blessings, the happier we are.

Connect

5. Anne liked to read and she dreamed of becoming a writer one day. Try your hand at being a writer. Are you going to write fiction (make believe) or non-fiction (real) You could write about your own life, like Anne did in her diary, or you could make up a story using your own characters.
6. **One of Anne's hobbies was to collect photos and postcards of movie stars.** What are your hobbies? What do you collect? Discuss with your troop and ask your friends at school. Maybe you will find a new hobby or find something new to collect that you never thought of before.

7. While writing in her diary, Anne would write her entries to Kitty. Kitty was a fictional character from a book series that Anne was reading before the war. Anne even writes a letter to Kitty fantasizing about skating and starring in a film together after she gets out of hiding. How do you think having this fictional character to write to helped Anne during such a hard time in her life? Have you ever had an imaginary friend? Is there a fictional character from a book, T.V series, or movie that inspires you? What inspires you about this character? Discuss with your troop.
8. Why do you think **Anne's diary is still so popular? What made it such a huge success?** Do a little research into the types of things that Anne talks about in her diary, and how it remains such a wide read book still today. After your research, discuss how you relate to Anne. What about her experience, speaks to you? What about her experience speaks to everyone? Anne is described as an icon and was voted one of **Time Magazine's Most Important People of the Century**. What made her so important?

Take Action

9. Do you know you can visit the Anne Frank house in Amsterdam and see the secret annex that Anne and her family lived in for over 2 years? If you ever get a chance to visit Amsterdam, I highly encourage you to check it out and see the history of the space in person. However, since **taking a trip to Amsterdam isn't very feasible**, there is an online virtual tour of the secret annex online. View it with your troop by clicking the link below. Take your time and be sure to click on the interactive bubbles to learn more.

<https://www.annefrank.org/en/anne-frank/secret-annex/>

10. Anne's father, Otto Frank, was the only member of the Frank family that survived the war. When he returned to Amsterdam after the war, he was given Anne's diary. Otto felt a responsibility to help publish Anne's diary to serve as a commitment to universal human rights. He also helped the secret annex become a museum site of both Holocaust remembrance and an educational institution, where 'young people of all nations... could seek ways to work for peace.' How can you seek peace? Think about what peace means to you for your school, community, country, and the world. What can you do to make a difference, big or small? Look up what it means to be a peace-maker. Discuss what the definition means to you and how you can embody this in your life.