

# Eleanor Roosevelt

*“The future belongs to those who believe  
in the beauty of their dreams.”*

Eleanor Roosevelt is best known for being First Lady during Franklin Roosevelt's presidency; but she did much more than that. Eleanor fought for equal rights for women and African American's. She is also known as an author, speaker and spokesperson for human rights around the world. Learn more about Eleanor Roosevelt in this monthly patch!

Complete 3-Daisy, 4-Brownie, 5-Junior, 6-Cadette,  
and 7-Senior/Ambassador steps to earn your patch.

All monthly patches are custom designed patches. Once we get the final number of patches after the 15<sup>th</sup> of each month, we place an order. Patches take about a month to create and then we mail them to you. You will get a confirmation email once the patches are headed your way.

*Order patch on-line by October 15, 2019 at*

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## Discover

1. When Eleanor went to boarding school in London, she became interested in social justice. Through her studies she gained the knowledge and confidence to present her views on many issues. Is there a subject you have studied in school that you feel passionate about? Is there a cause you wish you knew more about so you could speak to it with knowledge and confidence like Eleanor? What would

that be? Do some research with your troop about a cause that matters to you. Pay attention to the state of our world and our country, what is going on that you wish you knew more about?

2. Compared to traditional first ladies who became the social hostess of the White House, Eleanor was more visible and active with her husband's presidency. This might be why President Harry Truman called Eleanor "First Lady of the World." What do you think it means to be the first lady of the world? What did he mean by that?
3. In the 1920's Eleanor Roosevelt was the Vice President of Legislative Affairs for the League of Women Voters. She strongly believed that women deserved a place at the table when it came to politics. What do you already know about this time in history for women? Who started the League of Women Voters? What do they stand for today? Do some research with your troop.
4. Eleanor's uncle is Theodore Roosevelt, former United States President. How did her uncle's time in office (1901-1909) differ from her husband's time in office (1933-1945)? How was the country different during these times? What was going on in the world?

## Connect

5. Eleanor says the happiest day of her life was when she made the field hockey team at her private school in London. Think of the happiest day of your life? Does it have to do with something you love to do? Or someone you love to be with? Draw a picture showing the happiest day of your life.

6. Eleanor Roosevelt's husband, Franklin Roosevelt was diagnosed with polio at the age of 39. Learn about polio. Why do we no longer worry about polio? How did President Roosevelt manage this disease during his presidency? Discuss the answers with your troop.
  
7. As a child, Eleanor was made fun of for looking older than she was; even her family sometimes made fun of her calling her granny. Have you ever been made fun of? How did it make you feel? Work with your troop to develop a kindness project. Do something nice for someone or give a compliment. Talk with your troop about the importance of kindness and accepting others regardless of our differences.
  
8. One of the most influential people in Eleanor's life was the headmistress at her school in London, Marie Souvestre. Who is an influential person in your life? Talk about what makes some people influential/a role model; then write a letter to that person thanking them for the impact they have had on your life. This could be a family member, teacher, youth group leader, etc...
  
9. Eleanor Roosevelt was the first, First Lady to hold her own press conference; and she only let female reporters come to this press conference. This was especially important during her time as First Lady. It gave her a platform to speak on issues she cared about and also gave female reporters a chance to work and gain experience in their chosen field, a field where many of them would have been fired from because it was male dominate. Pretend that you are a female journalist back in the 1930's and 1940's. What would you write about? Do some research about what Eleanor Roosevelt talked about in her press conferences. Write your news article and share with your troop.

## Take Action

10. During World War I, Eleanor volunteered with the American Red Cross and in Navy hospitals. You could contact your local Red Cross and see if there is a blood drive that you could help publicize or contact your local hospital and see about volunteering your time or collecting donations for items they need.
11. Eleanor frequently used her position as First Lady to stand up for what she believed in; including women's rights and civil rights in the United States, and human rights for the world. Get involved with a cause you care about. It could be helping animals, school bullying, women's rights, or whatever you are passionate about. Learn what is currently being done to advocate for these causes and see what you and your troop can do to help!
12. She had a free spirit! Eleanor was known for trying new things and not being afraid to do things out of her comfort zone. She even had planned to take flying lessons with Amelia Earhart! Do something out of your comfort zone! Is there something you have always wanted to do and have been too afraid to do it? Well, now is the time to take action and go for it. Eleanor is known for living by the simple mantra, "The future is literally in our hands to mold as we like. But we cannot wait until tomorrow. Tomorrow is now."