**ABOUT THE JULIETTE PROGRAM**

The Juliette program is Girl Scouting custom-made for you! It’s a great way to mix and match your unique interests with Girl Scout participation – special events, weekend workshops, leadership projects, or travel opportunities that improve your skills and meet your interests and needs.

Juliettes are busy, independent, self-confident girls and young women who want to be a part of something larger – Girl Scouts! Meeting in troops is one way to be a part of the Girl Scout experience, but when there aren’t available troops in your area, your troop no longer meets, or you become too busy with extra-curricular activities or sports, becoming a Juliette will allow you to continue your Girl Scout experience on an individual basis.

The Juliette program is available to all girls in Kindergarten through 12th grade. It is especially popular for girls ages 11 – 17 who love the Girl Scout program but are very busy with other activities. It’s a way to stay connected and fulfill your Girl Scout dreams without making a long-term commitment to a troop.

As a Juliette, you may participate in everything that is open to your grade level. You may attend all council sponsored programs such as events, series opportunities, year-round camp experiences, and travel opportunities. You can also take part in council sponsored product sales programs to help pay for Girl Scout events and activities.

As a Juliette, you won’t attend troop meetings; instead, you will work on Girl Scout programs with a parent or another adult mentor. You would decide what activities to participate in and which earned recognitions/awards you wish to complete. Juliettes can earn the Journey awards and badges as well as the Bronze, Silver, and Gold Awards.

A Juliette newsletter will be available on our website, www.getyourgirlpower.org. The newsletter is published monthly and is loaded with projects, crafts, Girl Scout traditions and more. The newsletter also spotlights a badge. If a girl completes the badge, she must submit a form in newsletter to receive that badge for free!

**Becoming a Juliette can help you continue your own personal leadership adventure!**
Girl Scouts prepares girls for life and has been doing so for 100 years! When you participate in Girl Scouts, you join a fellowship of more than 3.2 million girls and adults in the United States (more than 10 million in the worldwide movement!). Girl Scouts help girls discover the fun, friendship, and power of girls together.

Founded in 1912 by Juliette Gordon Low in Savannah, Georgia, Girl Scouts is a non-profit organization chartered by the United States Congress. Based on sound ethical values, Girl Scouting is a movement that provides opportunities for girls to learn and work in partnership with adult volunteers. The Girl Scout Promise and the Girl Scout Law are the guiding principles upon which Girl Scouts is founded. These principals are stated in the opening passages of the Girl Scout organizational constitution.

We are a girl-led, girl-only, organization helping girls focus on three core keys to leadership (discover, connect, take action). Through those “keys”, you will:

• **Discover** your special skills and talents, find the confidence to set challenging goals for yourself, and strive to live by your values. This includes being proud of where you came from as well as where you’re going.

• **Connect** with others, which means you’ll learn how to team up, solve conflicts, and have healthy relationships. These skills help you in school right now and will prepare you for any career you choose in the future.

• **Take Action** to make the world a better place, and learn a lot about your community and the world along the way.

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. Our goal is to create a society in which every girl has the opportunity to achieve her leadership potential. Our distinguished alumnae are proof of our leadership development program! Consider this...

• 80% of women business owners were Girl Scouts.

• 69% of female U.S. Senators and 67% of U.S. Representatives were Girl Scouts.

• Virtually every female astronaut who has flown in outer space was a Girl Scout.

**The Girl Scout Promise**

On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

**The Girl Scout Law**

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.
To ensure the best experience for each Girl Scout, programming is divided by grade level. The Juliette program is available to all girls in Kindergarten through 12th grade.
The National Leadership Journeys and *The Girl's Guide to Girl Scouting* are two combined components that make up the Girl Scout Leadership Experience (GSLE) and the National Program Portfolio. Combined with the Cookie Program, travel experiences, and Girl Scout awards, the GSLE is designed to help girls everywhere develop as leaders and build confidence by learning new skills. It also ensures that Girl Scouts at every level are sharing a powerful, national experience—girls together changing the world!

There are three National Leadership Journeys for every grade level:

- **It’s Your World – Change It!**
- **It’s Your Planet – Love It!**
- **It’s Your Story – Tell it!**

We’re always evaluating—and enhancing—what girls do, how girls connect, and how girls grow as Girl Scouts. We added new Journeys and badges in STEM and the outdoors!

- Think Like a Programmer
- Think Like a Citizen Scientist
- Outdoor Journey

You can go through any of the age-appropriate Journeys in any order that you choose. Each amazing book has its own set of awards and a corresponding adult guide. Girl Scouts of the USA designed the Journeys books after extensive research into what girls want. They have developed these books to be customizable, flexible, and tailored to what girls are interested in. You can work with an adult to determine the format for your Journey. You can decide how long you’d like the Journey to last, what you’d like the Journey to be about, what type of field trips to take, and which experts to add. In this way, each Journey can be as personal, intriguing, and educational as you would like.

**Journeys are ways for you to:**

- Develop leadership
- Explore your interests
- Try new things
- Meet people
- Make your world a better place

In addition to the Journeys, which help to develop leadership, there are also badges, which help build skills. These badges, along with essential Girl Scout information, are outlined in each age appropriate *Girl’s Guide to Girl Scouting* (GGGS). The GGGS is a colorful, easy to use binder that is also specially designed for girls at each age level. It holds a handbook, information on bridging and the Bronze/Silver/Gold awards, Girl Scout history, tradition, and much more! It also helps girls tie their badges and Journeys together to create an amazing experience!

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**FINANCIAL assistance**

Financial Assistance is available to girls for membership fees, a handbook, and a uniform for those that qualify. Camperships have a separate financial assistance form available in the Camp Adventure Guide.
Boutiques

The Council Boutiques offer the latest casual wear, uniform components, accessories, memorabilia, and books for girls and adults. The Journey books and badges are there, too. Find just the right gift or give a gift certificate to another Girl Scout. Girl Scouts may use earned Cookie Dough toward council purchases. The Council Shops are open to the public during posted hours and select Saturdays.

You can also shop online anytime at GetYourGirlPower.org

UNIFORMS & INSIGNIA

The Girl Scout uniform is optional; a girl doesn’t need to have a uniform to be a member of Girl Scouts of Central Illinois. Uniforms are available for purchase at the Council Boutique or at Girl Scouts of the USA approved equipment agencies. You can find information explaining the uniform and where to place insignia in The Girl’s Guide to Girl Scouting or on our website. While there are many parts to the uniform (including clothing options), girls may just wear the sash, vest, or tunic over regular clothing.
Girl Scouts of Central Illinois offers two annual product programs. Girl Scout Juliettes can participate in both programs to earn money for their activities. Proceeds earned through the product programs can offset either all, or a large part of the cost of Girl Scout activities (and relieve parents of this obligation, too)!

Girls are only permitted to sell products that are Council approved. This includes Girl Scout cookies and fall product sales items. Girls must adhere to Girl Scouts of Central Illinois policies and procedures during the programs. As a Girl Scout Juliette, you will receive information twice a year inviting you to participate in product programs.

Girl Scout Juliettes can fully participate in Girl Scouts of Central Illinois Fall Product and Cookie Programs if they are in good financial standing with the Council. Your parents/guardians will need to sign the Parent/Guardian Permission Form for Girl Scout Juliettes and submit forms to the local Service Center.

Product Program Guidelines:

Product programs support activities, and they help to support the overall operation of the Girl Scout Council. Properties, equipment, adult training, program activities, insurance, and administrative support to volunteers are all important parts of the Girl Scout program and are funded in part by the product programs.

Product Program Guidelines for Girl Scout Juliettes:

1. Girl Scout Juliette Product Program proceeds are handled by the Girl Scouts of Central Illinois council headquarters in Springfield. All monies collected are turned in to the Service Center nearest the Girl Scout Juliette or mailed in to the Service Center via certified mail, UPS, or Fed-Ex.

2. The Girl Scout Juliette and her family must be current with any financial obligation to the Council (no shortage from past program proceeds, outstanding checks, etc.).

3. The Girl Scout Juliette must have a signed Parent/Guardian Permission Form on file with the Service Unit Product Chair or at the local Service Center to participate. Girls whose parents live separately but will both be assisting their Girl Scout should have both parents sign separate forms and will receive separate order cards.

4. Girl Scout Juliettes must respect and follow all program policies, dates, and expectations of the program and is on her honor at all times.

5. Product Program credits earned by the Girl Scout Juliette are loaded onto a Card which expires in September of each membership year. These credits can be used for travel, membership dues, or program fees. It may be applied to the following while she is still a registered girl member:
   - Purchases of any ‘girl’ items from a Girl Scouts of Central Illinois Boutique and/or Camp Trading Post. Program Credits may not be used to purchase items for adults.
   - Program fees for Girl Scouts of Central Illinois programs.
   - Girl Scouts of Greater Iowa travel opportunities, destinations, or other Girl Scout-sanctioned and approved trips.
   - Fees for Girl Scouts of Central Illinois resident camp or day camp at any of the Council camps.
   - Girl Scouts of the USA Membership Dues (including graduating seniors paying for Adult Lifetime Membership).
   - Girl Scouts of Central Illinois-sponsored events or activities.

COUNCIL SPONSORED programs & activities

There are so many ways to be involved in Girl Scouting – we call them “Pathways.” Each year, we publish Adventures, an event and activity book that lists upcoming events, series, travel, and camp opportunities. Council-sponsored activities are designed to enhance the Girl Scout experience and are developed for specific grade levels. Girls may register for council events and activities online (GetYourGirlPower.org). We offer so many ways for you to explore your current interests and help you discover more. Look for the Adventure Guide yearly, plus a separate summer camp guide!
In 1980, Girl Scouts introduced the Girl Scout Gold Award and Silver Award as its highest honors for specific grade levels. To receive these awards, girls must meet requirements that help them prepare for and complete a special project benefiting their communities. Based on requests from Junior Girl Scouts, the Girl Scout Bronze Award was introduced in 2001. Today, these three awards are a highlight of the Girl Scout Leadership Experience (GSLE).

**The Bronze Award** recognizes that a Girl Scout Junior has gained the leadership and planning skills required to follow through with a project that makes a positive difference in her community. Girls earn the Bronze Award by completing a Junior Journey, and then creating a Take Action project based on their observations of a local issue. As the girls pursue their project, they put the Girl Scout Promise and Law into action. They also develop an understanding of sustainability and gain an understanding of the wider world by discussing how others may experience the same problem that their project helped resolve. After a Girl Scout completes a Junior journey, the suggested minimum time commitment is 20 hours for each girl to build their team, explore their community, choose and plan their project, put their plan in motion, and spread the word to educate and inspire others.

**The Silver Award** symbolizes a Girl Scout Cadette’s accomplishments in Girl Scouting and community activities as she matures and works to better her life and the lives of others. To earn this award, a Girl Scout needs to complete a Cadette Journey and create a Take Action project that improves their neighborhood or local community. After girls complete the Cadette Journey, the suggested minimum time for earning their Girl Scout Silver Award is 50 hours. Girls earn the award by focusing on an issue they care about; building a team; exploring their community; picking, planning, and putting their Take Action project into action; demonstrating an understanding of sustainability and the wider world; and sharing what they have learned with others.

**The Gold Award**, the highest award in Girl Scouts, focuses on Senior and Ambassador’s interests and personal journey through leadership skills and service. The Gold Award requirements were updated in the fall of 2010. Fulfilling the requirements for the Girl Scout Gold Award starts with completing two Senior or Ambassador Journeys, or having earned the Silver Award and completing one Senior or Ambassador Journey. Each Journey you complete gives you the skills you need to plan and implement your Take Action project. After you have fulfilled the Journeys requirement, 80 hours is the suggested minimum to take the steps necessary to achieve your goal.

This prestigious award is definitely a plus when applying to colleges and financial scholarships. A Girl Scout who has earned her Gold Award automatically rises one rank in any of the U.S. military branches.

The Council holds informational workshops for all of these awards. You may visit our website or contact a Service Center for more information.

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**Camp Tapawingo** sits on top of the Illinois River bluffs outside of Peoria on 640 acres of natural rolling woodlands and open meadows. Tucked among the oak and hickory trees on top of each ravine are small cabins and tents perfect for small group meetings and camping. Beautiful Mary Morgan Lodge serves the camp with a large meeting and dining space ideal for large gatherings of up to 150 people. Most of Camp Tapawingo facilities are available year-round. Perfect for day or overnight events, the facilities at Camp Tapawingo range from rustic platform tents to cabin sleeping with kitchens and bathrooms. Your group can experience many activities while staying at Camp Tapawingo, including team-building on the high and low ropes courses, testing your aim on the archery range, or taking a relaxing ride through the property on horseback. A small paddling lake can be explored in a canoe.

Located on Lake Springfield, **Camp Widjiwagan** is comprised of 67 wooded acres perfect for a nature outing close to the city of Springfield. Three year-round lodges sit on the property, all featuring kitchens, fireplaces, and restrooms. The lodges can be used as gathering space for picnics and activities or overnight events. Brand new to this camp in 2011, a double-decker high ropes course with elements at 20’ and 40’, a 40’ climbing tower, and a low elements course can provide high adventure and team-building for your group. Also, explore Lake Springfield in a canoe or hike along the beginner hiking trails. Camp Widjiwagan also includes rustic accommodations for the adventurous at heart. Conestoga wagons are available for rent as well as three units of screened platform tents.

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**Camp Peairs** sits beautifully on Lake Bloomington and is comprised of 88 wooded acres. Its close proximity to Bloomington/Normal makes it perfect for a nature outing close to the city. A year-round lodge is available featuring a kitchen, fireplace, restrooms, sleeping lofts, and a large seasonal dining hall for activities. Visitors at Camp Peairs may enjoy sailing and canoeing on Lake Bloomington. The camp also features an archery range and hiking trails. Camp Peairs offers seasonal cabins, rustic platform tents, and a tent camping area for the adventurous camping group that wants a traditional camping experience.

**Camp Kiwanis** sits beautifully on Lake Bloomington and is open seasonally and is a great facility for large group meetings or dining. Camp Kiwanis offers an archery range and hiking trails for use. Camp Kiwanis is comprised of 88 wooded acres. Its close proximity to Bloomington/Normal makes it perfect for a nature outing close to the city. A year-round lodge is available featuring a kitchen, fireplace, restrooms, sleeping lofts, and a large seasonal dining hall for activities. Visitors at Camp Peairs may enjoy sailing and canoeing on Lake Bloomington. The camp also features an archery range and hiking trails. Camp Peairs offers seasonal cabins, rustic platform tents, and a tent camping area for the adventurous camping group that wants a traditional camping experience.
PARENT INFORMATION

As a Girl Scout, your girl will:

• Experience a sense of belonging by being a member of the world’s largest voluntary organization for girls.
• Have fun with a purpose.
• Prepare for her future through career explorations, community service, and skill building.
• Develop leadership skills and self-awareness while building confidence and self-esteem.
• Participate in educationally sound and challenging projects.
• Voice what’s important to her.
• Gain an understanding and appreciation of many people and cultures.
• Strengthen her understanding of herself and the world around her through the Girl Scout Promise and Law.

YOUR ROLE

You and your daughter can become partners in the fun challenges of the Girl Scout program! Your involvement will help shape your Girl Scout’s experience. She’ll see your commitment to her growth and before you know it, you’ll be growing, too.

As a parent/guardian, you:

• Must sign the girl membership form and pay the annual national membership fees. This membership fee provides insurance coverage when she is involved in Girl Scout activities. No girl is denied membership because of an inability to pay, but all must have a signed registration form returned to the Council. Please review the financial assistance section if needed.
• Must see that your daughter arrives and is picked up on time for Girl Scout activities.
• Should provide funds for special events and activities or request financial assistance from the Council.
• Should purchase or obtain handbooks and materials.
• Should help your daughter carry through with her commitment to the Girl Scout Juliette program.
• Should help your daughter participate in Girl Scout Product Programs by following safety guidelines and helping her check over her orders.
• Newsletters will be emailed to the parent. Be sure we have the correct email on file.

G.I.R.L.

go-getter / innovator / risk-taker / leader

POWERED BY GIRL SCOUTS

Girl Scouts unleashes the G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)™ in every girl, preparing her for a lifetime of leadership. Our Girl Scout Leadership Experience is a one-of-a-kind leadership development program for girls, with proven results. Research shows that girls learn best in an all-girl, girl-led, and girl-friendly environment. Girl Scouts is a place where she’ll practice different skills, explore her potential, take on leadership positions—and even feel allowed to fail, dust herself off, get up, and try again.

Girl Scouts is proven to help girls thrive in five key ways as they:

- DEVELOP A STRONG SENSE OF SELF.
- SEEK CHALLENGES AND LEARN FROM SETBACKS.
- DISPLAY POSITIVE VALUES.
- FORM AND MAINTAIN HEALTHY RELATIONSHIPS.
- IDENTIFY AND SOLVE PROBLEMS IN THE COMMUNITY.

The inclusive, all-female environment of a Girl Scout troop creates a safe space where girls can try new things, develop a range of skills, take on leadership roles, and just be themselves.
MY JULIETTE JOURNAL

This journal belongs to: ____________________________________________________________

My Girl Scout contact name and number: ____________________________________________
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________

Ideas and Interests I want to explore as a Juliette:
1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________

What I hope to discover as a Juliette:
1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________

Ways I want to connect with my community:
1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________

How I hope to make the world a better place:
1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________
My Juliette Story